



The Workshops consist of theory and practice and a wide range of activities to activate what is learnt, including coaching exercises. All courses include individual written feedback of each student. Follow up coaching is optional but encouraged to support employees with effectively implementing the information and coaching them to overcome any challenges or obstacles they face following the course.

Follow up Coaching in English:

This can be done Face to Face and/or Telephonically.

The sessions are held a week later and the length varies depending on whether the session is face to face or telephonically. Please note that other options of follow up coaching are available depending on the specific needs of the client.

Face to Face coaching:

- 1 hour session a week
- 30 minute telephone session the following week

Telephone Session:

- 3x 30 minute telephone sessions over 3 weeks

Your employees don't want to receive coaching via this training? No problem. I offer Personal One to One Coaching program to focus on specific issues. See my coaching packages for more information.

More About The Workshops

Venue:

All the training will be done at your office for your convenience. No time wasted travelling or extra expenses.

When:

Course is 9 hours in duration – which can be divided into 3 days of 3 hours each. The course can also be intensive over 8 hours – which can be divided into 2 days of 4 hours each.

***Courses can be reduced and tailored according to clients specific needs.**

How:

Classes will be made up of a maximum of 8 students to ensure students participate and get the most out of the class. The progress of the students will be measurable via forms, feedback and results and follow up coaching.

I would be delighted to organize a personal meeting to discuss your needs, subvenciones del Fundación de Tripartita (if you are based in Spain) and how I will help you get the results you need.