



Team Building

Course Description

Working as a team results in collective success. This course is designed to take teams to the next level, covering the best team building methods with both theory and activities.

The program promotes understanding, motivation, trust, participation and relationships between team members.

Using the best practices, your employees will be able to...

- Generate inter-personal knowledge among the participants.
- Develop competencies and skills to excel in a team.
- Increase the performance of the team, facilitating communication and maximizing results
- Analyze the strengths and areas to improve
- Obtain real development to improve and become a high performance team

Content of the program

- What is a high performance team?
- Team assessment
 - Mission, vision, goal setting and shared values
- Specific skills for each team member
 - Taking advantage of team members diversity
 - Identifying specific roles and learning styles
- How to create a successful team
 - Build commitment and confidence
 - Dynamism
 - Change management
 - Conflict Management
- Team Building Activities
 - Range of different activities

Methodology

This training is delivered over 8 hours which comprises a minimum theoretical part, focusing on activities and exercises in an active and participative training (approximately a ratio of 20/80). It relies on coaching methodology through which participants can become one hundred percent protagonists of their own learning process.